

THUREN FABRICATION

1995-2002 0-3" TRACKBAR

1. Park the truck on level ground, with the wheels straight. VERY important!
2. Remove existing trackbar. Spray with penetrating oil, and tap around frame boss if the taper stud is stubborn.
3. Test fit that the new supplied bolt will fit through the frame boss. If it does not, about 30 seconds with a small round file will be needed to open the top of the taper hole.
4. Temporarily install frame end of trackbar. Installation order from the bottom up goes... bolt, trackbar, stainless taper adapter, frame, washer, nut. For now install this end with the nut just snug, and let the trackbar hang.
5. Center the truck body, side-to-side, over the chassis. You can use the steering wheel to move the body side to side. Try to get this as close as you can. Taking your time and comparing sides visually, you can usually get within 1/4". Hanging a string off the fender to the tire works well to.
6. With the body center, swing the hanging end of the trackbar up in front of it's location/pocket at the axle, and thread the end in/out so the holes line up. Slide the bolt through to keep this position, rotate the hoop in the trackbar so it is close to, but does not rub the frame, and lock down the jam nut as tight as you can get it, in this position. The end bearing will be cocked not parallel to the frame, and this is normal.
7. The trackbar is now ready for final installation, so remove it from the frame end, slide the axle end in position, and then move the steering wheel as needed to get the main frame bolt/end installed. Torque the frame nut down to NO MORE than 120ftlbs!!!
8. Verify the axle is center, then adjust the steering wheel straight using the steering drag link adjuster near the pitman arm. You will need to go on a few test drives to get this perfect.
9. DONE!!!

A few notes:

If you live in harsh weather conditions, it is a good idea to find a good grease(Mobil1 Synthetic is great), and coat the hardware while installing. You should also use this grease to coat the top surface of the frame bearing, especially for the winter months. This will keep road salt and grit from getting into the wear surfaces prolonging the joints life.